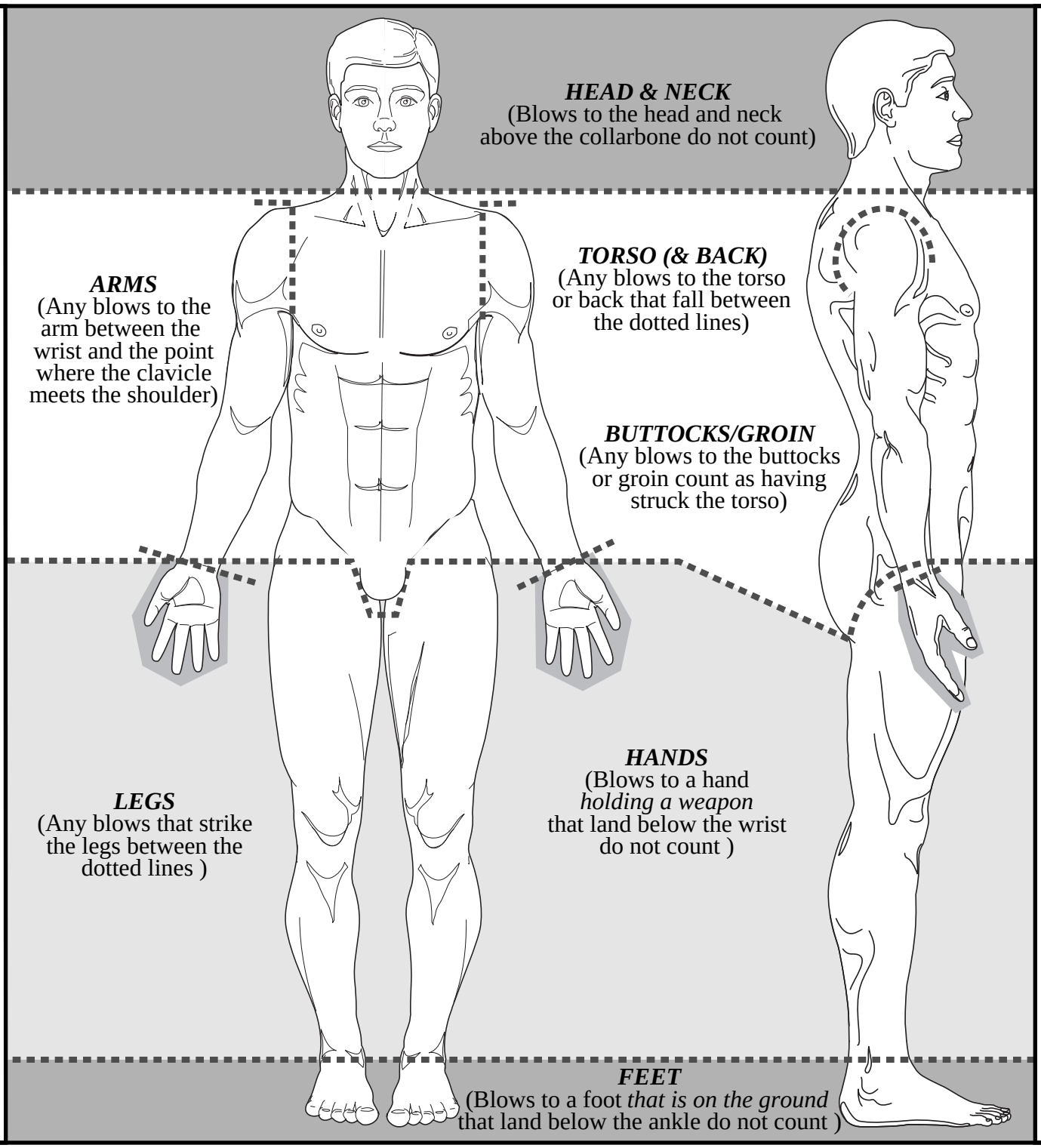
AMTGARD COMBAT ANATOMY



ARM & TORSO AREA

LEG AREA

ILLEGAL TARGET AREA